## POLK COUNTY HEALTH DEPARTMENT 2016 CLINIC SCHEDULES

## PEDICURE CLINIC SCHEDULE

# BLOOD PRESSURE CLINIC SCHEDULE

### **Pedicure Clinics**

Pedicure clinics will be held at the Polk County Health Department the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of every month. Please call the health department to make an appointment.

Jan. 06 -	8:30 to 11:30 AM
Jan. 20 -	1:00 to 3:30 PM
Feb. 03 -	
Feb. 17 -	1:00 to 3:30 PM
Mar. 02 -	8:30 to 11:30 AM
Mar. 16 -	1:00 to 3:00 PM
A 06	8:30 to 11:30 AM
Apr. 06 - Apr. 20 -	1:00 to 3:30 PM
Apr. 20 -	1:00 to 5:50 FM
	8:30 to 11:30 AM
May 18 -	1:00 to 3:30 PM
June 01 -	8:30 to 11:30 AM
	1:00 to 3:30 PM
ounc 15	1.00 to 5.50 1 1/1
July 06 -	8:30 to 11:30 AM
July 20 -	1:00 to 3:30 PM
Δησ. 03 -	8:30 to 11:30 AM
Aug. 17-	1:00 to 3:30 PM
riug. 17	1.00 to 5.50 1 112
Sept. 07-	8:30 to 11:30 AM
Sept. 21-	1:00 to 3:30 PM
Oct. 05 -	8:30 to 11:30 AM
Oct. 19 -	
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	8:30 to 11:30 AM
Nov. 16 -	1:00 to 3:30 PM
Dec. 07-	8:30 to 11:30 AM
Dec. 21-	1:00 to 3:30 PM

#### **Blood Pressure Clinics**

Clinics to monitor blood pressure will be held at the following locations between 9:30 - 11:30 a.m.

1st Tuesday - Osceola Senior Center

2<sup>nd</sup> Tuesday - Shelby Senior Center

3rd Tuesday - Stromsburg Senior Center

4th Tuesday - Polk Senior Center

Walk-ins are welcome any day at the Polk County Health Department.

Office hours are

8:00 a.m. - 4:30 p.m.

No appointment necessary.



Polk County Health Department 330 North State Street Osceola, NE 68651 Phone: 402-747-2211